

**Monday, May 30, 2011**

**The Lakefield Farmers' Market**

Invites Visitors to Participate in  
Community Rug Hooking Circle  
Starting Thursday, June 9th

Visitors to the Lakefield Farmers' Market are invited to try their hands at the delightful, primitive art of rug hooking. Beginning Thursday, June 9<sup>th</sup>, the market plays host to a season-long community rug-hooking circle, with the aim of creating a lovely wool rug that will be used to raise money for a local cause.

Traditionally, rug hooking was a salvage art; the ragbag was the source of fabric – and in this spirit, only recycled wools cut from old skirts, coats and other well-loved items will be used in the project. All materials, including burlap, wool, hoops and hooks, will be provided by the market.

This season, as another new addition to the market, demonstrations of various homesteading skills will be presented on the first Thursday of every month from June to October. For details, please visit [www.lakefieldfarmersmarket.net](http://www.lakefieldfarmersmarket.net).

While visiting the market, be sure to check out the bountiful array of fresh-from-the-ground seasonal produce, herbs and cut flowers, artisan cheeses, meats, preserves, baked goods, and prepared foods, as well as a unique variety of handcrafted items.

Market shopping is a great way to enjoy food at the height of its natural freshness and to tap into the local food network and so, with this commitment to supporting local farmers and producers, all vendors at the market reside and work within 100km of the market.

**Stalls are still available to interested agricultural and craft vendors. As well, the Lakefield Farmers' Market has a free booth available to not-for-profit organizations that wish to attend the market. Applicants may contact [info@lakefieldfarmersmarket.net](mailto:info@lakefieldfarmersmarket.net) for more information.**



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