

Where

Ennismore, ON - Start & finish at Ennismore Curling Club, 555 Ennis Road. Ample parking available.

When

Sunday, April 17, 2011

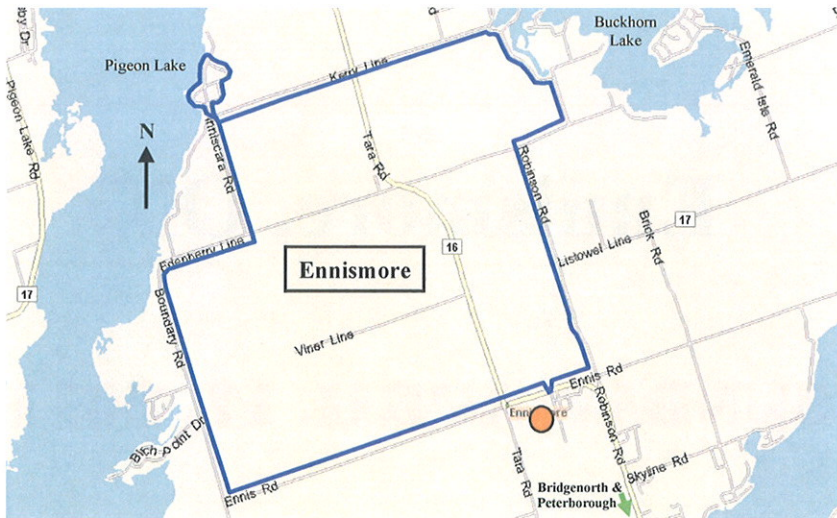
Check In/Start times

Check In: 1/2 Marathon: 8:30 am - 9:15 am
1km and 5km: 8:30 am - 9:45 am

1/2 Marathon: Walk - 9:30 am; Run - 10:10 am
1km: Individual/Family Fun Run/Walk - 10:30 am
5km: Walk - 11:00 am; Run - 11:15 am

Event Features

- 21.1 km of paved road, country air, and spectacular lake views
- 1 km event ideal for kids, family of 4, or those less mobile
- Collect pledges for Community Care Peterborough
- Chip timing provided by Sportstats - 1/2 Marathon & 5km only
- Post race refreshments
- Professional child care available for children of race participants, for a donation to Kawartha Childcare Services-Shamrock Program. By pre-arrangement only - contact Kerry Riel at kriel@kawarthachildcare.com
- Accommodations in the Peterborough area may be arranged through Carlson Wagonlit Travel - contact Ellen Francis at epfrancis@carlsonwagonlit.net or 1-800-561-4275.



Registration Information

Pre-registration is strongly encouraged to reserve your place.
Registration is limited to the first 500 entries received.

On-line: www.runningroom.com
In person: Any office of Community Care Peterborough (see reverse for locations throughout Peterborough County)
- or - Running Room (Peterborough), 210 Hunter St W, Ptbo

Entry Fees

Event		Until Jan 30	Until Mar 13	After Mar 13
1/2 Marathon Run/Walk - limited to those 16 yrs and up		\$45	\$50	\$60
5km Run/Walk		\$30	\$35	\$40
1km Run/Walk	Individual	\$15		
	* Family of 4	\$50		
* Family of 4 = minimum 1 adult + 2 or more children 12 yrs and under				

Collect Pledges

Proceeds from this event will support services provided through all offices of Community Care Peterborough. If you want to help even more, collect pledges using the form on reverse or available on line at www.runningroom.com. The highest pledge raiser will win a prize.

Race Kit Pickup

Participants are encouraged to pick up their race kits in advance at:
Running Room (Peterborough), 210 Hunter St W, Peterborough
Friday April 15, 2011 from noon - 8 pm
Saturday April 16, 2011 from 10 am - 4 pm

Each Participant Will Receive...

- Technical shirt (1/2 Marathon or 5km) or T-Shirt (1km event)
- Kit bag
- Finishing medal
- Opportunities to win draw prizes

1/2 Marathon & 5km Awards

- Medals for 1st, 2nd & 3rd place male & female finishers, in each event, in the following age categories: <20 yrs (16-19 yrs for 1/2 marathon), 20-29 yrs, 30-39 yrs, 40-49 yrs, 50-59 yrs, 60+ yrs

Registration Form (Print clearly)

Name: _____ Phone: _____
 Address: _____ E-mail: _____
 City: _____ Prov: _____ Postal Code: _____ Sex: _____ D.O.B: dd/mm/yyyy
 Emergency Contact: _____ Phone: _____
 Enter me for: 1/2 Marathon: Run Walk \$45 Until Jan 30 \$50 Until Mar 13 \$60 After Mar 13
 5 km: Run Walk \$30 Until Jan 30 \$35 Until Mar 13 \$40 After Mar 13
 Technical Shirt Size (for 1/2 marathon and 5km only): XS S M L XL XXL
 Enter me for: 1km Fun Run - \$15 T- Shirt Size (Adult sizes only): S M L XL XXL
 Enter us for: 1km Family Fun Run - \$50 Include Name, D.O.B. and T- Shirt Size below for each additional member:
 Name: _____
 D.O.B: dd/mm/yyyy T-Shirt: _____ D.O.B: dd/mm/yyyy T-Shirt: _____
 Payment (Sorry No Refunds) Cash Cheque (payable to Community Care Peterborough) Visa Mastercard
 Credit Card #: _____ Expiry Date: _____ Signature: _____

Release and waiver of liability - Important

I am fully aware and recognize the risks associated with participating in Kms for Care and acknowledge that these risks may cause serious injury to my health, including death. I also fully understand the rigors of such an event and that training and preparation are required, and certify that I am solely responsible for my own fitness level and am prepared and ready to participate in this event. I acknowledge that I may need medical assistance for an injury or illness and agree to accept the first aid that may be administered by the race organization. I also recognize that I will be solely responsible for any cost associated with a medical condition/injury inherited by participating in any of the events. I am aware and understand that any of the information I have provided to register may be listed on a safe protected website indicating the registered persons. I am also aware and give consent to any photographer that will be taking pictures at the event, and to the use of these photos in the media and/or to promote future events. By signing this document, I acknowledge, understand and agree to all the terms outlined.